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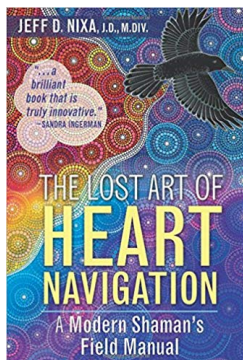


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The essential guide to following your heart, using the world's greatest practices of our indigenous ancestors.

Jeff Nixa has written a better book than I have ever read... it's a real gem for folks on any path who believe in their soul and their heart. I wish you this book, with a lot of love and joy along the way. It's a beautiful, and the most beautiful, I highly recommend it for people who are looking for their heart, and for their future, and for their life. The only requirement is that you have a heart.

The real secret of this book is the way it combines the most powerful practices and rituals into a practical manual that is highly accessible to the beginner and useful for the professional practitioner as well. I wish it had a sequel for the next generation.

© Michael Smith, Ph.D., author of *Living and Dying in Dialogue*

When you get past the first few chapters you'll find the heart of the book, a step-by-step approach to personal growth, using the most powerful practices of the world's greatest indigenous cultures.

When he walked away from a promising law career in his late 20s, Nixa was seeking a more soulful life. He spent the next 15 years in a search for meaning, finding different careers and life experiences, always in the search for the path that would lead him to his true self. This was his journey, and it was a journey that would change his life forever.

Like all other books, this one is not perfect. There are a few typos here and there, and some of the advice is not as clear as it could be. However, the book is a real gem, and it's a real gem that is worth the price. It's a real gem that is worth the price.

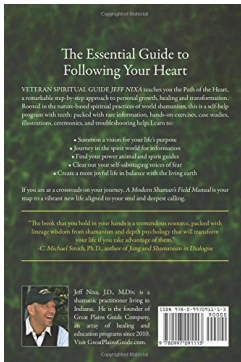
A Modern Shaman's Field Manual is that book, a treasure trove of new information and insights, based on ancient wisdom, and modern science, and the latest in shamanic practice. It's a book that will help you to find your true self, and to live a more meaningful life. It's a book that will help you to find your true self, and to live a more meaningful life.

• Discover the meaning of your heart's regenerative guidance system.  
 • Learn how to use your heart's power and wisdom.  
 • Heal your power and connect with your true self.  
 • Create a vision for your life that is based on your heart's wisdom.  
 • Create a more joyful life in balance with the living earth.

Nixa explains the most advanced techniques that can be used for personal growth, and to achieve a more meaningful life. The book is a real gem, and it's a real gem that is worth the price. It's a real gem that is worth the price.

Many people believe that the only way to find their true self is through a long and painful journey. However, Nixa shows us that there is a more direct path to our true self, and that it is a path that is based on our heart's wisdom. It's a path that is based on our heart's wisdom, and it's a path that is based on our heart's wisdom.

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